#hello my name is...

Heather Caudle

Director of Nursing, Improvement
NHS England
My Story
Your new National Health Service begins on 5th July. What is it? How do you get it?

It will provide you with all medical, dental, and nursing care. Everyone—rich or poor, man, woman or child—can use it or any part of it. There are no charges, except for a few special items. There are no insurance qualifications. But it is not a "charity". You are all paying for it, mainly as taxpayers, and it will relieve your money worries in time of illness.
Changes in health over time
Aligning national and local ambitions

- Nursing, midwifery and care staff, whatever their role, wherever they work can all help shape the future health and care system.
- Change is moving at pace, being driven by innovation and demographic trends, this requires significant leadership but also an opportunity to demonstrate the impact of nursing, midwifery and care staff.
Leading Change, Adding Value
The Frail Elderly
Maslow argued that safety and survival remain our primary and foundational goals - not least when our options or capacity are impaired / limited...

Health & Safety = manifestation of these goals
Our NHS

- Too expensive
- Not reliable
- Too little access

Why is our attention focused here?

Where is the leverage in the system?

Healthy 

Need in treatment

Leverage 

Complex environmental, social, psychological causes of illness

Better health
How can we create the right flows...
Current system

• Series of Ward based assessments – ‘tea and stairs’, oh and how do you wash your back!?
  • To understand what people will need to support them at home
    • Carer, equipment aids – bed and anything else we can think of
• ‘Assessments in hospital are time intensive, generally happen once the patient no longer needs acute hospital care and it takes significant time to put in place once assessed’!

Tom Downes Consultant Geriatrician - Sheffield
• 48% of people over 85 die within one year of hospital admission

Imminence of death among hospital inpatients: Prevalent cohort study

David Clark, Matthew Armstrong, Ananda Allan, Fiona Graham, Andrew Carnon and Christopher Isles, published online 17 March 2014 *Palliat Med*

• 10 days in hospital (acute or community) leads to the equivalent of 10 years ageing in the muscles of people over 80

Gill et al (2004). studied the association between bed rest and functional decline over 18 months. They found a relationship between the amount of time spent in bed rest and the magnitude of functional decline in instrumental activities of daily living, mobility, physical activity, and social activity.

We started building
<table>
<thead>
<tr>
<th>Region – June 2018</th>
<th>total number of CCGS</th>
<th>No of CCGs with tool</th>
<th>%</th>
<th>Total no of Care Homes</th>
<th>No of Care Homes with Tool</th>
<th>%</th>
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<tbody>
<tr>
<td>North</td>
<td>64</td>
<td>51</td>
<td>79.70%</td>
<td>4000</td>
<td>1300</td>
<td>32.50%</td>
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<tr>
<td>Mids &amp; East</td>
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<td>6.60%</td>
<td>TBC</td>
<td>TBC</td>
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<tr>
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<td>6</td>
<td>12%</td>
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</tr>
</tbody>
</table>
A successful man is one who can lay a firm foundation with the bricks others have thrown at him.

David Brinkley

PICTUREQUOTES.com
Thank you!